

# My experiences, my rights: Health and wellbeing project



**Tell us what you think**

1. Do you think the idea is a good one?

Yes

No

Not sure

The illustration shows a survey card with a woman thinking, a question, and a hand marking the 'No' option.

## Information about our survey

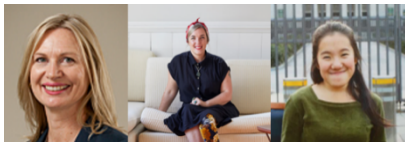


# What you will find in this booklet

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# About this booklet



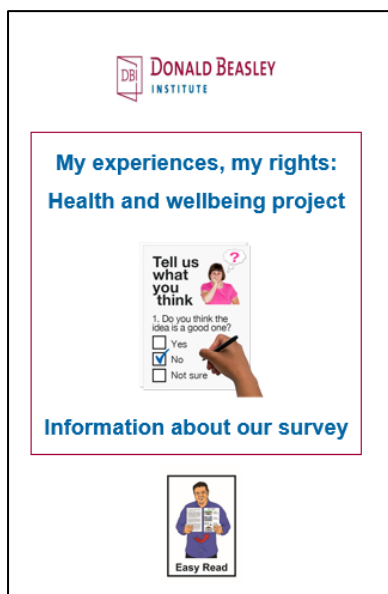
This is an Easy Read information booklet.



It is about some **research** that will be done about health services.



**Research** is about looking into something to understand it better.



This booklet will tell you about:

- who is doing the research
- what the research is looking into
- how the research will be done
- our survey.

Disabled people can do a **survey** to let us know what they think about health and wellbeing services.



A **survey** is a list of questions that you can answer.

The information in this booklet will tell you more about the survey.



You may find it helpful to get someone to read this booklet with you.

# Who is doing the research?



The research will be done by 3 researchers from the Donald Beasley Institute.



They have all worked with disabled people for a long time.

They are:

- **Dr Brigit Mirfin-Veitch**
- **Dr Robbie Francis Watene**
- **Umi Asaka**

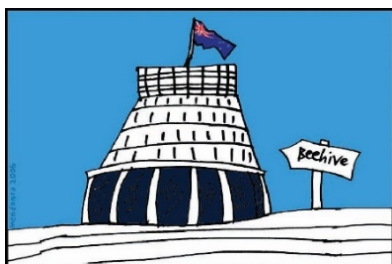


Dr Francis Watene and Umi are both disabled people too.

## What is the research about?



The **Disability Convention** is an international agreement that sets rules around services for disabled people.



The **Disability Convention** sets out what the New Zealand Government should do to make sure disabled people:

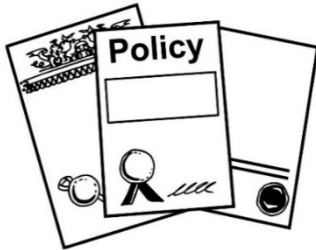
- have the same rights as everybody else
- are able to live a good life.



The research will look at health and wellbeing issues for disabled people in New Zealand.



We would like to hear about the things you think we should look at.



We could look at things like **health policies and laws.**



**Health policies and laws** are rules made by the Government which health services must follow.





We could also look at things like your **rights**.



**Rights** are things that you are entitled to.

For example everyone has a right to things like:

- housing
- being kept safe
- having enough food to eat.



Sometimes disabled people do not get their rights.



This research will help make the health system better for disabled people in New Zealand.

## Who can do the survey?



Disabled people who are **18 years and older** can fill in the survey.



We would like to hear stories about:

- things that you like about your health services
- things that you do not like about your health services
- how health services can be made better.





You can ask someone to help you complete this form.

This can be someone you trust like a:



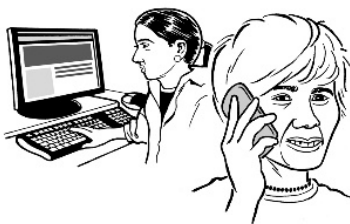
- family member

- friend

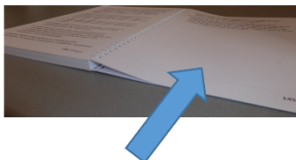


- support person

- carer.



You can get in touch with us if you have any questions.



Our **contact details** are on **page 19** of this booklet.

# Giving consent



In the survey we will ask for your **consent**.



**Consent** means that you say yes to us using what you write in our survey.



It is also ok if you do not want us to use your information.

# Your rights



This research has been agreed by the **Northern B Health and Disability Ethics Committee**.



This means that a group of people have made sure that the research is safe.



You have the right to:

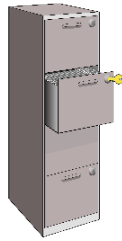
1. ask questions about the research
2. only answer questions you want to

# What we will do with your information

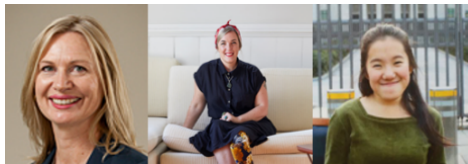


We will use the information you give us to write reports.

We can give you a copy of the reports.



We will keep your information in a locked cabinet for 10 years.



Only the research team will see your information.

You can see who they are on **page X of this booklet.**



After 10 years this information will be destroyed.

# Keeping your information safe



**Confidentiality** means keeping the things you let us know about private and safe.

To keep confidentiality:

~~Your name~~

- we will not use your name in any of the research reports

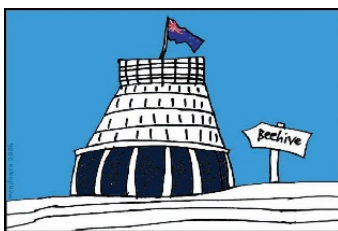
~~Your name~~ > Ms A  
Mr B

- your name will be changed so that no one who said what.



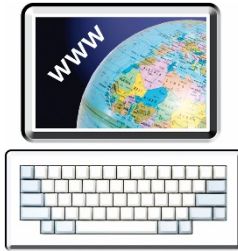
The research report will be read by:

- disabled people
- people working in government departments
- people working in health services.



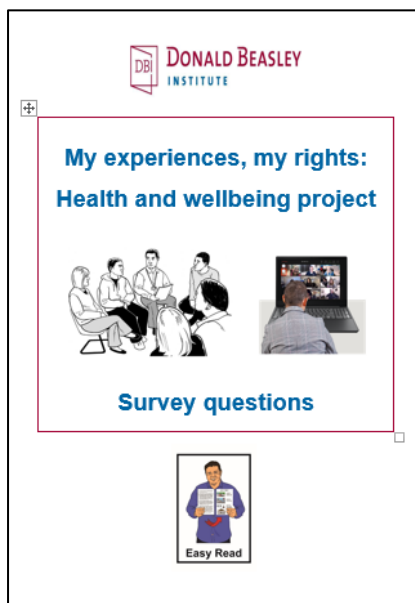
# How to do the survey

There are 2 ways you can do the survey.



1. You can complete the online survey on our website:

[www.donaldbeasley.org.nz/projects/disabled-person-led-monitoring-of-the-uncrpd/](http://www.donaldbeasley.org.nz/projects/disabled-person-led-monitoring-of-the-uncrpd/)



2. You can download the survey questions from our website and fill out the answers.

After this, you can send us your answers by email or post by **Friday 24th of July 2020.**



## More information



If you have questions about keeping safe in this research you can:

**Phone:** 0800 4 ETHICS

**Email:** [hdecs@moh.govt.nz](mailto:hdecs@moh.govt.nz)



For Māori health support:

**Phone:** 0800 878 839

**Email:**

[admin@donaldbeasley.org.nz](mailto:admin@donaldbeasley.org.nz)



If you want to talk to someone who is not part of this research you can talk the **Advocacy Service**.

The Advocacy Service can:

- listen to anything that you are concerned about
- give you ideas about what you can do
- support you to be heard when raising concerns.



## To contact the **Advocacy Service**



**Phone:** 0800 555 050

**Fax:** 0800 2787 7678



**Email:**

[advocacy@advocacy.org.nz](mailto:advocacy@advocacy.org.nz)



**Website:**

<https://www.advocacy.org.nz/>

# How to get in touch with us



If you want to find out more information you can:

**Phone:**



**0800 878 839**

This a free call number



**Free call number** means it will not cost you any money to call this number.



You can **email** us on

[uasaka@donaldbeasley.org.nz](mailto:uasaka@donaldbeasley.org.nz)



See our **website**:

[www.donaldbeasley.org.nz/projects/disabled-person-led-monitoring-of-the-uncrpd/](http://www.donaldbeasley.org.nz/projects/disabled-person-led-monitoring-of-the-uncrpd/)



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