# My Experiences, My Rights: Health and Wellbeing

# Phase One Consultation Advertisement

In 2020 the Donald Beasley Institute will be monitoring the health and wellbeing experiences of disabled people in Aotearoa New Zealand. Before we begin, we want to know what health and wellbeing issues are important to disabled people. To do this, we are asking disabled people to share with us the issues they think need to be monitored.

## What is this consultation about?

In Aotearoa New Zealand, essential healthcare is provided free for those who qualify through the public health system.

But sometimes disabled people receive inadequate health and wellbeing treatment, care, and services. Sometimes they miss out altogether.

The United Nations Convention on the Rights of Persons with Disabilities is an international agreement.

It sets out what the New Zealand Government must do to make sure disabled people have the same rights as everybody else.

This includes a disabled person’s right to a high standard of health, without discrimination on the basis of disability (Article 25).

It is important to understand if, and how well, this is happening.

To do this, we are asking disabled people to tell us what health and wellbeing issues we should monitor. This might include rights violations, or problematic policies. Family and close supporters of disabled people who are unable to consent to taking part in this monitoring research are also invited to contribute their views and experiences.

If you are interested in participating in this initial consultation phase, you can do so by filling out a short survey or by participating in a focus group.

To find out more information about the survey or to register your interest in the focus groups please contact the Research Team at the Donald Beasley Institute.

Free phone: 0800 878 839

Email: [uasaka@donaldbeasley.org.nz](mailto:uasaka@donaldbeasley.org.nz)

Website: <https://www.donaldbeasley.org.nz/projects/disabled-person-led-monitoring-of-the-uncrpd/>