



DONALD BEASLEY
INSTITUTE



Research project: **Tell me about you**



Information Booklet

May 2021

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Before you read this document



This Easy Read document talks about **abuse**.



Abuse is when people are:

- not looked after properly
- hurt
- treated badly.

Some of the information in this document may upset people when they are reading it.



This information is not meant to scare or upset anyone.



If you do not feel safe right now call the police on **111**.



If you are worried or concerned after reading this document you can talk about it with:

- your family
- your friends
- your support workers.



What is this Information Booklet about?



This is an Easy Read Information Booklet about some **research** called **Tell me about you** being done by the **Donald Beasley Institute**.

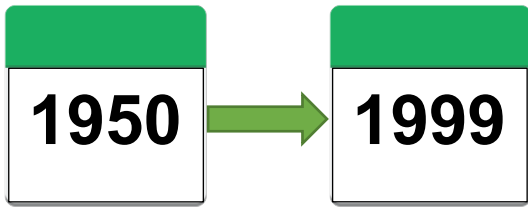


Research is:

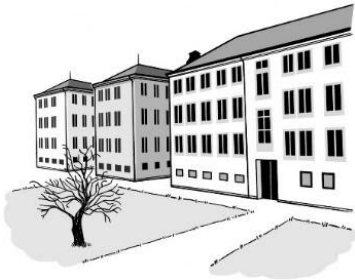
- looking at what things have happened
- trying to find out how to do things better.



The **Donald Beasley Institute** does lot of important research about lots of different things.



This research project is about people with disabilities **living in care** in Aotearoa New Zealand between **1950 and 1999**.



Living in care means that the government or a **faith-based institution** was in charge of your care.



People in care lived in places like:

- institutions
- disability services
- respite care services
- mental health or psychiatric care.





People in care also lived in places like:

- children's services such as:
 - children's home
 - foster care
 - adoption services
 - school or early childhood

- youth justice services like:
 - youth justice facility
 - a health camp
 - in Police cells
 - Court cells
 - Police custody.



People in care also lived in places run by religious or faith groups.



This booklet will give you the information to decide if you want to be part of this research.



If you do take part in the research you will get a \$100 gift voucher to say thank you for your time.

Who is paying for the research?



The **Royal Commission Inquiry into Abuse in Care** has given the Donald Beasley Institute money to do this **Tell me about you** research.



The **Royal Commission of Inquiry into Abuse in Care** is a group of experts who are looking into the abuse many people went through while in care.



The Royal Commission of Inquiry into Abuse in Care started in 2019.

It will finish in 2022.

Who do we want to talk to?



For this **Tell me about you** research we want to talk to **20 people**:

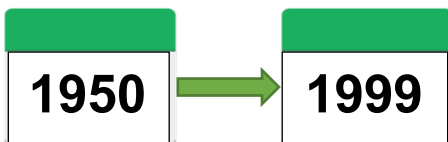
- with **learning disabilities** that have lived in care



- who **are neurodiverse** that have lived in care



- who are now over the age of **18 years old**



- who have lived in care between 1950 to 1999



- who are able to give **informed consent**.



Neurodiverse means that:

- the brain works in a different way
- a person learns things in another way.



For this research neurodiverse includes:

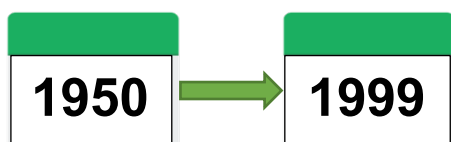
- autistic people
- people with Attention Deficit Hyperactivity Disorder (ADHD).



Informed consent means understanding what:

- you are agreeing to
- will happen if you agree to something.

What is the research about?



This **Tell me about you** research is about disabled people **living in care** in New Zealand between **1950 and 1999**.



We want to learn about the experiences of people in care in New Zealand.



A lot of people have been in care before including:

- people with learning disabilities
- people who are neurodiverse.



Not a lot has been written about what it was like in care for them.



This research is being done so their stories can be told.



It is important their stories are told so we can learn from them.



It is important people who have been in care get the support they need.



It is very important that people who have had bad experiences in care get the support they need too.

Who is doing the research?



There are 6 people from the Donald Beasley Institute working as part of this research.



Their names are:

- Dr Brigit Mirfin-Veitch



- Dr Hilary Stace



- Dr Kelly Tikao.



Their names are:

- Dr Robbie Francis Watene



- Ms Eden Tuisaula



- Dr Patsie Frawley.



All these people have worked with disabled people for a long time.



You can choose which person you want to support you in sharing your story.



On our **website** you can listen to more information about these 6 research team members:

www.donaldbeasley.org.nz/projects/tell-me-about-you



Listening to them might give you the information to choose who you want to work with.



The person you choose to work with will be called your **writing partner**.



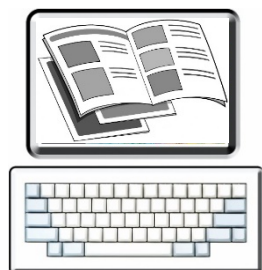
You will be called the **storyteller**.

How will the stories be used?



The stories will be used in 3 ways.

The 3 ways are:



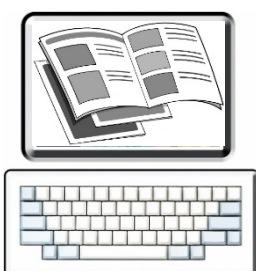
1. Being kept in an **online library** on our website for people to read



2. Our researchers will write **academic articles** about what they find out during the research



3. The stories will be shared with some organisations to tell them about people living in care.



An **online library** is a collection of stories are kept on the internet for people to read.



An **academic article** is when a researcher writes down what they found out from doing the research.



Academic articles are read by people who are interested in what the researchers found out.

Meeting your writing partner



Your writing partner will contact you to ask you:

- when you want to meet
- where you want to meet.



If you live far away you may need to talk on the phone first.

When you meet up your writing partner will:



- answer any questions you have
- ask you if you still want to take part in the research.



You and your writing partner might talk about things like:

- what was your life like before you lived in care?
- what was your life like when you lived in care?
- what is your life like now?



It important to know that:



- not everything you tell your writing partner has to be in your story



- you can ask them to not write some things in your story if you do not want it written down.



You and your writing partner will meet more than one time.

Ways to tell your story



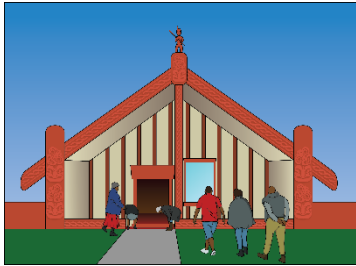
You can choose how you share your story with your writing partner.



Some different ways of sharing your story are:

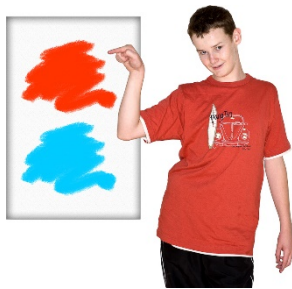
- sitting and talking in a place you are comfortable
- going to places that are important to you to talk about care there
- going for a walk to talk together
- sharing special items to support you in talking about care
- sharing photos to support you in telling your story.





You can also use creative ways to tell your story like:

- waiata
- pūrākau
- art
- poetry.



If you are Māori you can work with a writing partner who is Māori if you want.



Dr Kelly Tikao can speak te reo Māori.



Your writing partner will ask you if it is ok to record what you talk about.



You can ask to have the recorder turned off at any time.



Your writing partner will make sure the story is written using your words only.



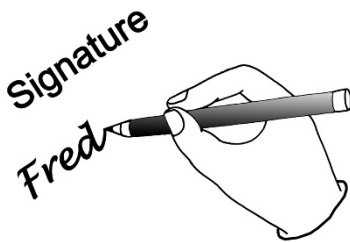
You can decide if you want to use your real name in the story or not.



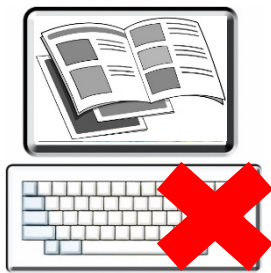
This is something to talk through with your writing partner.



You will be asked to sign a **consent form** saying that it is ok to put your story into the online library.



A **consent form** is something you sign to say you are ok with something happening.

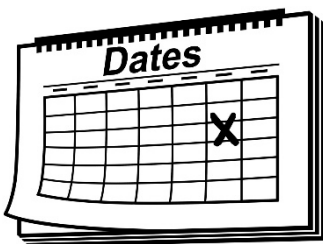


If you do not sign the consent form your story cannot be put in the online library.



At the end of the project you will get copies of:

- your story
- the report that we write.



This might be **3 to 4 months** after you talk to your writing partner.

When we hear about abuse



As part of people sharing their stories we know our research team will be told about:

- abuse that has happened
- **human rights** being ignored.



Human rights mean you must be treated:

- fairly
- equally
- with respect.



Everyone has human rights.



There are rules about what researchers must do if they find that the person they are listening to:

- is not safe
- is being hurt
- is hurting someone else.



If the researchers need to report the abuse they will report it straight away to an agency like:

- your support service management
- child protection services like Oranga Tamariki
- the Police.



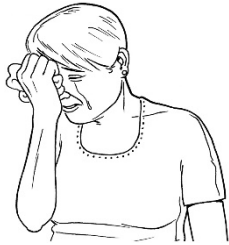


The researchers will talk to you first before they tell anyone about what you have told them.



If you tell us that you are abusing someone else we will encourage you to report the abuse yourself.

What happens if I get upset or hurt?



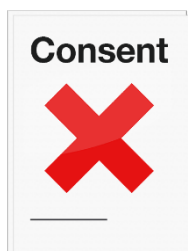
We know that some things that you want to talk about may be upsetting.



If you want to you can talk to a counsellor at any time.



Talking to a counsellor as part of the project will not cost you any money.

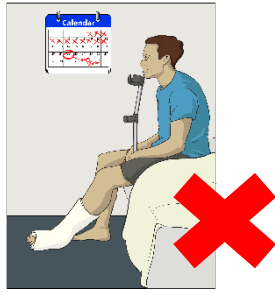


You can also choose to not be a part of the research anymore at any time.



No one can make you be part of this research.

It is your choice if you want to take part in the research.



It is not likely you will get hurt when being a part of this research.

If you do get hurt you can talk to **ACC** about getting support for your injury.



ACC is the **Accident Compensation Corporation**.

ACC pays for the things you need when you get hurt like:

- mobility aids
- paying you if you cannot work because you are hurt
- treatment for your injury.



You can contact ACC by:

Phone:

0800 101 996



This phone number is free to call.



this means it will not cost you any money.



You can **email** ACC on

claims@acc.co.nz

What to do if you want to take part or if you want more information



If you want to take part in the research you need to contact us.



You will be asked to fill out the:

- **Participant Interest Form**
- **Participant Consent Form**



These forms are available on our **website:**

www.donaldbeasley.org.nz



You can ask someone you know to assist you to fill in the forms.

For more information about the research or the forms you can:

Call us on:



03 479 2162

or

0800 878 839



The 0800 phone number will not cost you any money



Email us at:

admin@donaldbeasley.org.nz

Who else can I contact for advice?



If you would like to know more about your rights during this research you can talk to a **Health and Disability Consumer Advocate**.

You can contact them by:



Phone:

0800 555 050



This number is **free** to call

This means it will not cost you any money.



You can also email them at:

advocacy@advocacy.org.nz



You can send them a message
through the form on their **website**:

<https://advocacy.org.nz/contact/>

This information has been written by the Donald Beasley Institute.



It has been translated into Easy Read by the Make It Easy service of People First New Zealand Inc. Ngā Tāngata Tuatahi.



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