



Taking part in research into how abortion services work for disabled people in Aotearoa New Zealand

Participant Information

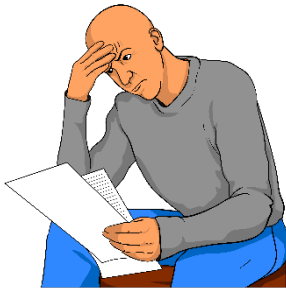


Published: December 2023

Before you start



This is a long document.



It can be hard for some people to read a document this long.



Some things you can do to make it easier are:

- read it a few pages at a time
- set aside some quiet time to look at it
- have someone read it with you to support you to understand it.



What you will find in here

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About this document



This Easy Read document is about being part of **research** done by the **Donald Beasley Institute**.



Research is when we get a lot of information together about something to learn about it.



The **Donald Beasley Institute** is a place that researches things to do with disability.

They are based in Dunedin in New Zealand.



The Donald Beasley Institute is sometimes called the **DBI**.



This research is about what happens for disabled people when they use **abortion** services.



Abortion is when you stop your pregnancy before birth.



This can be done by:

- taking 2 different types of pills
- having an operation.



Abortion services includes things like:

- talking to someone to choose if you want to have an abortion
- support with the feelings you have about being pregnant
- having an abortion
- getting information about **contraception** after an abortion.



Contraception means things to stop you getting pregnant when you have sex.



This participant information document is to assist you to choose if you want to take part in this research.

Who is doing this research? Ko wai mātou?



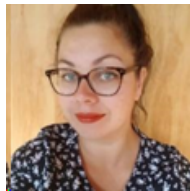
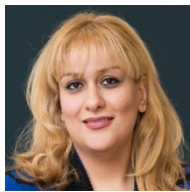
A group of disability researchers from the Donald Beasley Institute are doing this research.



Most of the researchers have worked on research projects with disabled people for a long time.



A lot of the researchers are disabled.



The people doing the research are:

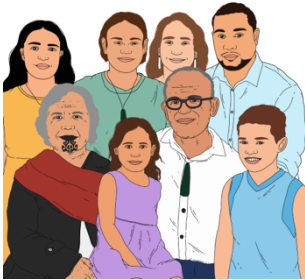
- Associate Professor Brigit Mirfin-Veitch
- Dr Kelly Tikao
- Dr Robbie Francis Watene
- Dr Solmaz Nazari
- Umi Asaka
- Eden Tuisaula
- Lydie Schmidt
- Aroha Mules
- Jacinta Tevaga



The money to do this research comes from Manatū Hauora Ministry of Health.

What is this research about?

He aha te kaupapa o taua nei rakahau?



Nā tō rourou, nā taku rourou, ka ora ai tō tatou whānau.



This whakataukī says that:

- 1 person working alone can do just enough to survive
- lots of people working together can make it so everyone can have a good life.



We want to find out how easy / hard it is for disabled people to get abortion services.



We also want to find out if abortion services are done in a way that works for disabled people.



This research will be used by:

- the Government
- healthcare providers.



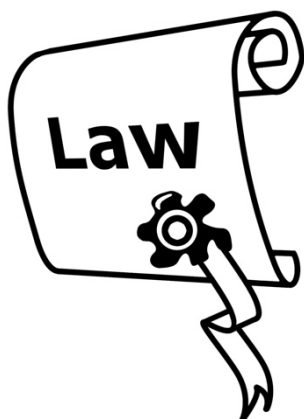
It will also help to make abortion services that:

- are more fair
- work for more people
- are there for everyone who needs them.





This research will also be used when the government checks to see how well the **Abortion Legislation Act 2020** is working.



The **Abortion Legislation Act 2020** means the law about abortion in Aotearoa New Zealand.

It says that:



- people who are less than 20 weeks pregnant can get an abortion for any reason
- people who are more than 20 weeks pregnant can get an abortion for some reasons.



Why is this research important?

He aha ai ka rakahau i taua nei kaupapa?



**Mā te rongō, ka mōhio,
Mā te mōhio, ka mārama,
Mā te mārama, ka mātau,
Mā te mātau, ka ora.**



This whakataukī says:

When we listen we get knowledge.

When we have knowledge we can understand things.



When we understand things we get wisdom.



When we have wisdom we can have a good life.



Abortion is:

- an important part of health care
- a **human right**.



Human rights means the things everyone should:

- have
- be able to do.



The **United Nations Convention on the Rights of Persons with Disabilities** is a law lots of countries have agreed to.



The United Nations Convention on the Rights of Persons with Disabilities is also called the **UNCRPD**.

It says what governments must do to make sure disabled people get the same rights as everybody else.



The UNCRPD says disabled people have the right to get the best health care possible.



It should not be harder for disabled people to get health care than it is for people who are not disabled.



This includes health care for things like:

- having sex
- being pregnant.



Disabled people who are pregnant have the right to choose to:

- have an abortion
- carry on with the pregnancy.



No one knows much about what happens when disabled people in Aotearoa New Zealand need abortion services.



Research from other countries tells us that disabled people do not always get the health care they need for things like:



- having sex
- being pregnant
- having an abortion.



We need to find out:



- how easy / hard it is for disabled people to get the abortion services they need
- how well abortion services work for disabled people
- if disabled people can choose for themselves about having an abortion.



How will the research be used?

Me pēhea mātou taua nei rakahau e whakahākai?



Te manu e kai ana i te miro, nōna te kahere; te manu e kai ana i te mātauraka, nōna te ao!



This whakataukī says:

- the bird that eats the miro berry rules the forest
- the bird that has the power of knowledge can change the world.

This means that learning is important so that we know how to make the world better.



This research will assist Manatū Hauora Ministry of Health to understand how abortion services work for disabled people in Aotearoa New Zealand.



We hope that lots of organisations will use this research to make abortion services that work well for disabled people.

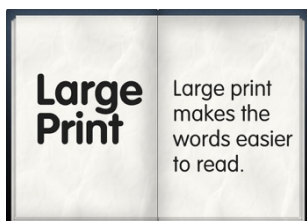


We will write a report about all the things we learn.



The most important things we learn from this research will be published in accessible formats like:

- Easy Read
- large print
- New Zealand Sign Language.



People from the disability community will tell Manatū Hauora Ministry of Health about what we have learned from this research.



We will tell lots of people about our research by:

- writing articles
- having hui / meetings
- giving talks.



Who can take part in this research?

Mā wai e whakauru i taua nei rakahau?



People who take part in this research will be asked to answer a **questionnaire**.



A **questionnaire** is a list of questions you can answer.



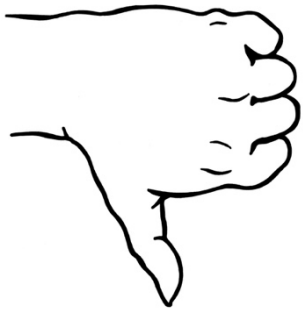
All your answers will be **anonymous**.



Anonymous means no one will be able to find out who you are.



We want to talk to 20 disabled people who have experience with any sort of abortion services in Aotearoa New Zealand since 2020.



We also want to talk to disabled people who could not get the abortion services they needed.



People who have been supporters for disabled people who could not give **informed consent** for abortion services can also do the questionnaire.



Informed consent means you:

- agree to something
- understand:
 - what your choices are
 - what could happen.

Supporters will be asked what it was like assisting someone to get abortion services.

They should not speak for the disabled person.



To take part in this research you have to be:

- over 18 years old
- able to give informed consent to being part of this research.



When you have done the questionnaire you can choose if you want to talk to one of our researchers.



You should read all of this participant information document before you choose if you want to do the questionnaire.



How to take part in this research



If you want to take part in this research you can do the questionnaire online at:

bit.ly/3wBuSjt



You can find the questionnaire in Easy Read at:

bit.ly/3OXvG8D



The questionnaire will take from 20 minutes to 1 hour to do.



You do not need to tell us anything you do not feel okay about us knowing.

At the end of the questionnaire we will ask you if:



- you want to talk to one of our researchers to tell them more about your experiences



- you need some support



- you want to get updates about how the research is going.

Our Values



We have some **values** that we use in all our research.

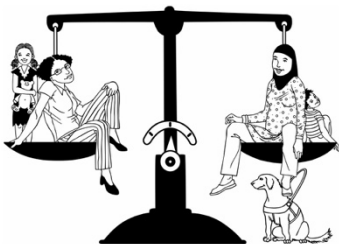


Values means things we think are very important.

Our values tell us how we should behave.

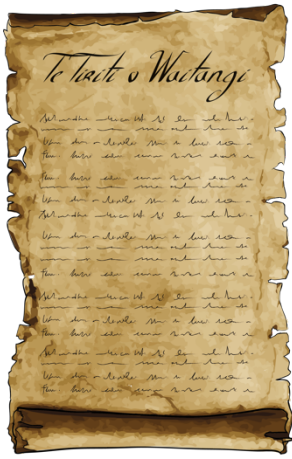


Whakarakatira — we will treat everyone with **respect**.



Respect means treating people:

- fairly
- like they are important.



Whakatinana — we will show that **te Tiriti o Waitangi / the Treaty of Waitangi** is important to everything we do.



Te Tiriti o Waitangi / the Treaty of Waitangi is a legal document that was signed in 1840.

Te Tiriti / the Treaty is important to New Zealand.



Te Tiriti / the Treaty is about Māori and the New Zealand Government:

- making decisions together
- protecting things that are important to Māori.





Whakawhanaukataka — we will try hard to have good relationships with the people we work with.



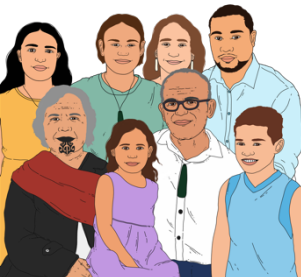
Whakawhirinaki — we will be honest about:

- what we are doing
- why we do things.



Whakakotahi — we will do things in a way that makes sure:

- everyone can take part
- everyone is heard.



Whānau — we will remember that whānau / families are important.

What will happen to your information



We will only tell other people your answers to the questionnaire if you say it is okay.



We will tell someone if you are:

- in danger
- being hurt
- hurting someone else.



We will always talk to you before talking to anyone about you.



It might take a long time to write our report after you have done the questionnaire.

Information from this research might be used by:



- Manatū Hauora Ministry of Health
- Disabled People's Organisations (DPOs)
- health services
- disability support services
- the Aotearoa New Zealand Government.

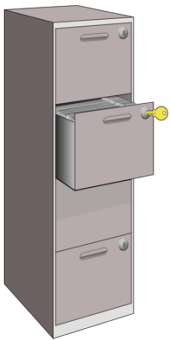




The things you tell us will only be used for this research.



We will not use your information for anything else.



We will keep your information at the Donald Beasley Institute for 10 years.

We will always keep your information safe.



After 10 years we will destroy your information.

If you get upset



Some people have a lot of feelings about using abortion services.



You might tell us about times when you felt things like:

- sad
- scared
- angry.



If doing the questionnaire makes you feel upset we can find you a:

- counsellor
- support person.





It will not cost money to talk to these people.

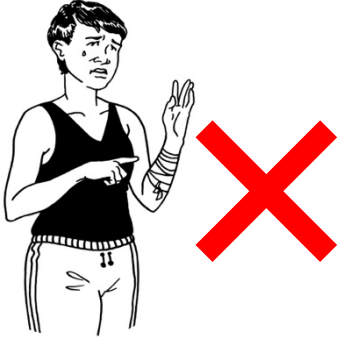


You do not have to take part in this research.



You can stop being part of this research at any time.

If you get hurt



It is not likely that you will get hurt by taking part in this research.



If taking part in this research does cause a problem for you we will tell you how to get support.

Who will see your information



Our researchers are the only people who will see your information.



No one will be able to find out who you are.



We might ask about your:

- age
- disability
- **gender.**





Gender is if you are:

- a woman
- a man
- another gender like nonbinary.



We will not use this information in any way that can tell people who you are.



No one will be able to find out your answers on the questionnaire even if you:



- talk to one of our researchers



- ask for support
- get updates about the research.

If you do not want to take part



It is okay if you do not want to take part in this research.



No one can tell you that you have to take part in this research.



You can stop being part of this research at any time.



If you stop being part of this research you can choose if we can keep using the information you have already told us.



Even if you do not want to take part in this research you can take part in other research we will do.



You can ask us about our other research by phoning us on:

03 479 2162



You can email us at:

admin@donaldbeasley.org.nz

More Information



Brigit Mirfin-Veitch is the director of the Donald Beasley Institute.

She can give you more information about this research.



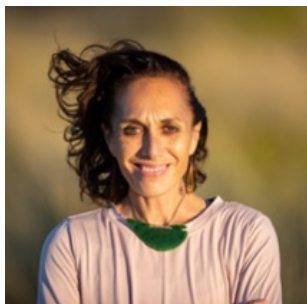
You can phone Brigit on:

- **0800 878 839**
- **027 479 2021**



You can email Brigit at:

bmirfin-veitch@donaldbeasley.org.nz



Kelly Tikao is our senior Māori researcher.

She can give you information about Māori cultural support.



You can phone Kelly on:

027 482 6324



You can email Kelly at:

ktikao@donaldbeasley.org.nz



If you want support to choose if you want to be part of this research you can talk to a health and disability **advocate**.



An **advocate** is someone who can:

- tell you what your rights are
- speak up to support you to say what you want.



To talk to an advocate you can phone:

0800 555 050



You can send a fax to:

0800 2787 7678



You can send an email to:

advocacy@advocacy.org.nz



To find out more about health and disability advocates you can look at the website:

www.advocacy.org.nz



This website is not in Easy Read.



These advocates are not part of the Donald Beasley Institute.

You can talk to the **Southern Health and Disability Ethics Committee** if you think this research is being done in a way that is not:



- safe
- respectful



The **Southern Health and Disability Ethics Committee** is a group of people whose job is to make sure the research okay for everyone who takes part.



They are also called the **Southern HDEC**.



You can email the Southern HDEC
at:

hdecs@moh.govt.nz



You can also call Manatū Hauora
Ministry of Health on:

0800 400 569



They will get someone from the
Southern HDEC to call you back.



You can use the **New Zealand Relay Service** to call any of the phone numbers in this document.



If you find it hard to use the phone the **New Zealand Relay** service is for people who are:

- Deaf / hard of hearing
- deafblind
- speech impaired / find it hard to talk.



You can find out more about the New Zealand Relay service at:

www.nzrelay.co.nz

Te reo Māori words in this document

Kōrero Whakamārama



We have chosen to use the **Kai Tahu dialect** for the te reo Māori words in this document.



The **Kai Tahu dialect** is the type of te reo Māori that is spoken in a lot of the South Island.

The Kai Tahu dialect uses a **k** where other types of te reo Māori use **ng**.



This information has been written by the Donald Beasley Institute.



It has been translated into Easy Read by the Make it Easy Kia Māmā Mai service of People First New Zealand Ngā Tāngata Tuatahi.



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